

# Parents' and supporters' guide to...

## Writing a personal statement

### This is your time to show the Admission Tutors that:

- You are suited to the course
- You are conscientious, hardworking and can stay the length of the course
- You have researched, and are dedicated to, your chosen course
- You will be able to adjust to a university environment

### 75% Academic, focusing on your chosen course

- Why have you chosen this subject?
- What particularly interests you about this subject?
- Where has this interest come from
- Show your competence in the subject
- What independent reading or research have you done?

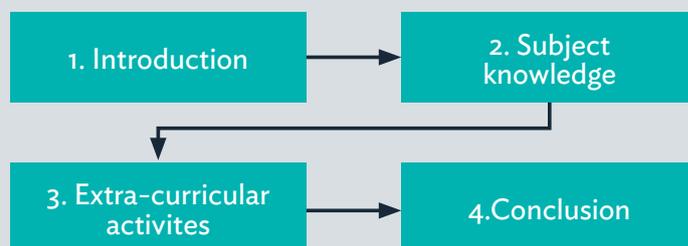
### 25% Extra-curricular

- Relevant work experience
- Subject-related activities
- Career aspirations
- Unrelated activities

### Personal statement top tips...

1. **Use evidence** – show you'd be a great student by linking experience from your studies and other activities to the course.
2. **Be honest** – don't be tempted to exaggerate. Admissions tutors often refer to personal statements during interviews.
3. **Start early** – you'll probably redraft it several times before you're happy with it, so allow yourself plenty of time.
4. **Let friends and family read it** – they may have suggestions you haven't considered and can tell you whether it makes sense.
5. **Proofread it several times** – reading it out loud will help you to spot bad punctuation and messy wording.

There's more advice on personal statements at [ucas.com/personalstatement](https://ucas.com/personalstatement)



### Flow structure:

- The four boxes are different paragraphs.
- Your introduction should introduce your interest in the course.
- The subject knowledge will expand and provide evidence of why you'll be good at the subject.
- Any extra curricula activities that are relevant to your studies.
- Conclude with why you want to study to degree level – future plans and career aspirations.