

Founder's Lunch Week 2 Menu Spring 2024

Menu Course	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Soup Station</b>	Cream of Cauliflower Soup	North African Spiced Veg Soup	Roasted Red Pepper and Tomato Soup	Carrot & Coriander Soup	Vegetable Soup
<b>Bread</b>	Bread Roll Selection	Bread Roll Selection	Bread Roll Selection	Bread Roll Selection	Bread Roll Selection
<b>Chef's Dish of the Day</b>	Gammon, Egg and Chips	Green Lentil Curry, Naan Bread and Rice	Lemon and Thyme Roast Chicken with Roast Potatoes (halal)	Spanakopita with Roast Carrots and New Potatoes	MSC battered cod, chips, peas
<b>Bowl Food</b>	Meatballs in Spicy Tomato Sauce Moroccan Chicken Stew (halal) Vegan bolognese Shaker Bar Salad	Hot Spicy Lamb Pesto Marinated Chicken (halal) Butternut Squash and Aubergine Curry (v)	Bolognese Sauce Carbonara Sauce Vegan Meatballs in Tomato Sauce	Tofu and Mushroom Bulgogi Nut Free Chicken Korma (halal) Chilli Con Carne	Stir fry beef with garlic Sweet and sour pork Tarka Dahl (v)
<b>Shaker Salad Bar</b>	Grilled Bacon Rasher Grilled Halloumi Grilled Greek Chicken (halal) Hard Boiled Egg Sweet Potato Falafel	Shaker Bar Salad Grilled Bacon Rasher Grilled Halloumi Grilled Greek Chicken (halal) Hard Boiled Egg Sweet Potato Falafel	Shaker Bar Salad Grilled Bacon Rasher Grilled Halloumi Grilled Greek Chicken (halal) Hard Boiled Egg Sweet Potato Falafel	Shaker Bar Salad Grilled Bacon Rasher Grilled Halloumi Grilled Greek Chicken (halal) Hard Boiled Egg Sweet Potato Falafel	Shaker Bar Salad Grilled Bacon Rasher Grilled Halloumi Grilled Greek Chicken (halal) Hard Boiled Egg Sweet Potato Falafel
<b>Cold Dessert</b>	Nutella Cheesecake Fruit Bar with Yoghurt	Lemon Posset Fruit Bar with Yoghurt	Chocolate eclairs Fruit Bar with Yoghurt	Strawberry Mousse with Shortbread Fruit Bar with Yoghurt	Raspberry Cheesecake Pot Fruit Bar with Yoghurt



Did you know we have reduced the price of soup and all of the meat, vegetarian and vegan main courses come with a free side? Excludes fish main courses.



MSC-C-53312. Seafood with this mark comes from an MSC certified sustainable fishery. [www.msc.org](http://www.msc.org).